

令和7年度体育部スケジュール

| 1月 | | 硬式野球 | | 男子バレー | | 女子バレー | | 陸上競技 | | ソフトボール | | 卓球 | | なぎなた | | サッカー | | 男子バスケット | | 女子バスケット | | バドミントン | | ソフトテニス | | 柔道 | | 剣道 | | ゴルフ | | | | | | |
|------|---|------|-----|-------|-----|-------|-----|------|----|-----------------|-----|-----|-----|------|------|--------|------|---------|-----|---------|----------|----------|------|--------|----|-------|-------|-----|------|------|-----|-----|-----|-----|--|--|
| 日 | 曜 | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | | | | | |
| 1/1 | 木 | OFF | | OFF | | OFF | | OFF | | 帰省 | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | | | | | |
| 1/2 | 金 | OFF | | OFF | | OFF | | OFF | | 帰省 | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | | | | | |
| 1/3 | 土 | OFF | | OFF | | 遠征 | | OFF | | | ○ | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | | | | | |
| 1/4 | 日 | OFF | | OFF | | 遠征 | | 山口遠征 | | 高知遠征 | | OFF | | OFF | | ○ | | OFF | | OFF | | | | | | 香川遠征 | | OFF | | OFF | | | | | | |
| 1/5 | 月 | ○ | ○ | | ○ | 遠征 | | 山口遠征 | | 高知遠征 | | ○ | | 自主トレ | | MSJ雑草魂 | | ○ | | | ○ | | | | | 香川遠征 | | ○ | | OFF | | | | | | |
| 1/6 | 火 | ○ | ○ | | ○ | | | 山口遠征 | | 高知遠征 | | ○ | | 自主トレ | | MSJ雑草魂 | | OFF | | OFF | | | | | | OFF | | ○ | | ○ | | | | | | |
| 1/7 | 水 | ○ | ○ | | ○ | | ○ | OFF | | OFF | | OFF | | ○ | | MSJ雑草魂 | | | ○ | | ○ | | ○ | | | ○ | | ○ | | ○ | | | | | | |
| 1/8 | 木 | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | OFF | | OFF | | OFF | | OFF | | ○ | | | | ○ | | ○ | | ○ | | | | | |
| 1/9 | 金 | | ○ | | ○ | | ○ | | ○ | | ○ | | OFF | | ○ | | ○ | | ○ | | | | ○ | | | ○ | | ○ | | ○ | | ○ | | | | |
| 1/10 | 土 | ○ | ○ | | ○ | 遠征 | | ○ | | 沙美海岸 | | ○ | | | ○ | OFF | | OFF | | 県新人 | | ○ | ○ | | ○ | ○ | | ○ | | ○ | | 自主練 | | | | |
| 1/11 | 日 | ○ | ○ | | ○ | ○ | | 遠征 | | OFF | | OFF | | 島根遠征 | | ○ | | ○ | | | ○ | | | | | OFF | | OFF | | OFF | | 自主練 | | | | |
| 1/12 | 月 | ○ | ○ | | OFF | 遠征 | | ○ | | 研修大会 | | ○ | | 島根遠征 | | OFF | | ○ | | OFF | | ○ | ○ | | ○ | ○ | | ○ | | ○ | | 自主練 | | | | |
| 1/13 | 火 | | OFF | | ○ | | ○ | | ○ | OFF | | ○ | | OFF | | OFF | | OFF | | OFF | | ○ | ○ | | ○ | ○ | | ○ | | ○ | | ○ | | | | |
| 1/14 | 水 | | | ○ | ○ | | ○ | | ○ | | OFF | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | ○ | | ○ | ○ | | ○ | | ○ | | ○ | | | |
| 1/15 | 木 | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | OFF | | OFF | | ○ | ○ | | ○ | ○ | | ○ | | ○ | | ○ | | | |
| 1/16 | 金 | | | ○ | | | ○ | | ○ | | ○ | | OFF | | ○ | | ○ | | ○ | | ○ | | | ○ | | | ○ | | ○ | | ○ | | ○ | | | |
| 1/17 | 土 | ○ | ○ | | 県新人 | | 県新人 | | ○ | | ○ | ○ | OFF | | | ○ | ○ | | ○ | | 県新人※ | | ○ | ○ | | | 選手権大会 | | 選抜予選 | | 自主練 | | | | | |
| 1/18 | 日 | ○ | ○ | | ○ | 遠征 | | OFF | | ○ | ○ | OFF | | 県強化 | | | OFF | | OFF | | 県新人※ | | | | | 選手権大会 | | OFF | | 梶岡Jr | | | | | | |
| 1/19 | 月 | | ○ | | OFF | | ○ | | ○ | OFF | | ○ | OFF | | OFF | | OFF | | ○ | | ○ | | ○ | ○ | | OFF | | ○ | | ○ | | | | | | |
| 1/20 | 火 | | OFF | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | OFF | | OFF | | OFF | | ○ | | | OFF | | OFF | | ○ | | | | | | |
| 1/21 | 水 | | | ○ | | ○ | ○ | | | | OFF | | OFF | | 自主トレ | | ○ | OFF | | OFF | | | | | | | 家庭学習 | | | | ○ | | | | | |
| 1/22 | 木 | | OFF | | ○ | | ○ | | | | OFF | | OFF | | 自主トレ | | ○ | OFF | | OFF | | | | | | | 家庭学習 | | | | 自主練 | | | | | |
| 1/23 | 金 | | | ○ | | ○ | ○ | | | | OFF | | OFF | | 自主トレ | | ○ | OFF | | OFF | | | | | | | | | | | | 自主練 | | | | |
| 1/24 | 土 | ○ | ○ | | 県新人 | | 県新人 | | | | ○ | | ○ | | 自主トレ | | ○ | | ○ | | 県新人orOFF | | ○ | | | | | | | | | | 自主練 | | | |
| 1/25 | 日 | ○ | ○ | | OFF | | ○ | | | 入試期間のため別途指示します。 | | OFF | | OFF | | 県新人① | | OFF | | ○ | | 県新人orOFF | | ○ | | | 別途指示 | | | | | | 自主練 | | | |
| 1/26 | 月 | ○ | ○ | | OFF | | OFF | | | | ○ | | OFF | | OFF | | OFF | | ○ | | | | | | | | | | | | | | 未定 | | | |
| 1/27 | 火 | ○ | ○ | | ○ | | ○ | | | | ○ | | ○ | | ○ | | ○ | | OFF | | OFF | | ○ | | | | | | | | | | | 未定 | | |
| 1/28 | 水 | ○ | ○ | | ○ | | ○ | | | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | | | | | | | | | | 未定 | | |
| 1/29 | 木 | ○ | ○ | | ○ | | ○ | | | | ○ | | ○ | | ○ | | ○ | | OFF | | OFF | | ○ | | | | | | | | | | | 未定 | | |
| 1/30 | 金 | ○ | ○ | | ○ | | ○ | | | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | | | | | | | | | | | | 未定 | | |
| 1/31 | 土 | ○ | ○ | | ○ | | 遠征 | | | | ○ | | ○ | | ○ | | 県新人② | | ○ | | ○ | | 県新人① | | | | | | | | | | | 自主練 | | |

令和7年度文化庁スケジュール

[illegible]